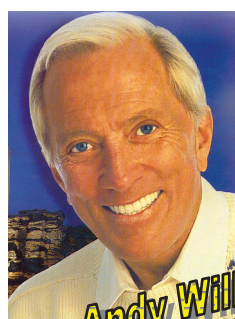


FREE Drawing

Win a trip to Branson from Fun Tours!



Andy Williams



Shoji



Yakof

FREE Health Fair & Screenings

Blue Cross Blue Shield/Nebraska Lions Foundation
Mobile Screening Unit

Hearing, Glaucoma, Visual Acuity, Blood Pressure and Blood Sugar testing will be conducted at no charge to participants.

Barkley Speech - Language and Hearing Clinic
Hearing Evaluations

Senior Fitness Test

This is a fun and easy way for people 60+ to evaluate their functional fitness and learn about ways they can make improvements. Simple upper and lower body strength, flexibility, endurance and balance assessments gives participants information they can use to detect and deal with possible emerging weaknesses. Body Mass Index testing will be part of this series.

FREE Transportation

Seniors Ride Free Day: on any StarTRAN Bus!

REMEMBER to wear your "Get on Board" wristbands!



FREE Shuttle bus from Westfield Shopping Mall
(StarTRAN Bus Shelter on the west side of Westfield)
to the ABBOTT SPORTS COMPLEX

Westfield bus runs
8:30 am - 3:30 pm

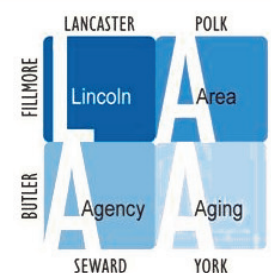
Van rides from some
ActivAge Centers available.
Call your Center Manager for details.

Parking lot shuttle provided by LAAA
Transportation Services.

Lincoln Area Agency on Aging
LifeLong LIVING FESTIVAL
"LIFE IN THE ACTIVE AGE"

June 10th

ABBOTT SPORTS COMPLEX
7600 North 70th St., 9 AM - 3 PM
1.5 Miles north of Cornhusker Hwy on 70th Street



The Senior Technology Fair

"Improving Your Leisure, Health and Financial Lives
With the Latest Technologies"



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THE POWER OF YOU

Health Fair & Screenings!

by Blue Cross Blue Shield/Nebraska Lions Foundation Mobile Screening Unit
Entertainment

Music and more on the OrthoCare Stage

Celebration Station:

"Life . . . Live It!" sponsored by Roper & Sons/Metcalf Funeral Care

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Champion Family Chiropractic
DuctMedic — *Improve Your Air. Improve Your Life.*
Family History Center — *Genealogy Resources*
HeartPrints — *Video Memory Shows*
Lincoln Camera Club — *Your pictures with the Stars*
PrimeTime/Neighborhood Extra — *Navigate Lincoln*
Journal Star On-line
OrthoCare Orthopedic Services
Rockbrook Camera & Video — *Digital Photography*
Time Warner Cable — *The Power of You*

Entertainment

on the OrthoCare Stage

9:00 am . . . "The Clefs"
10:00 am . . Seniors Foundation presents the
Community Service Award;
special guest - Art Linkletter
11:00 am . . Joe "Mr. Memories" Taylor
NOON . . . Anne Bremer
1:00 pm . . . "Klassic Kountry" The Davidsons
2:00 pm . . . Deah Harriott & Images